



Expert opinion about Ice Power cold therapy products

"The physiological effects of cold application are the decrease of skin temperature and the decrease of blood circulation in superficial layers of skin leading to analgesic effects. The cold therapy can prevent and diminish the damages of soft tissues after acute trauma. The effects of menthol have been published in laboratory studies and menthol has also been used for decades for therapy of different musculoskeletal disorders."



"According to clinical studies and clinical practice the Ice Power products are working as medical device and no significant adverse events have been found. In my opinion as a clinical scientist and also clinical practitioner all the Ice Power cold therapy products are suitable and safe for musculoskeletal disorders as a self treatment for people in all countries."

A handwritten signature in blue ink, consisting of a large, stylized 'O' followed by a horizontal line.

Dr. Olavi Airaksinen, MD PhD, Professor of Physical and Rehabilitation Medicine, Clinical Director of the Department of Physical and Rehabilitation medicine in Kuopio University Hospital, Pain Specialist, Medical Advisor